

DRIFT

THELU VELIGA RETREAT

MALDIVES

SPA MENU



Spoil Yourself

Take wellness and relaxation to another level at Drift with our relaxing spa treatments and products. Our overwater treatment rooms capture the true essence of the Maldives, with wellness rituals and a soothing environment designed to revitalise your senses.



BODY TREATMENTS

Drift Signature Scrub & Massage (90 minutes) \$275

Collected from drifted coconuts, seaweeds, and sea minerals, from ocean to your heart, mind and soul. Fall in love with the nourishing benefits of the 5-step drifted rejuvenate ritual. Scraped coconut locally known as Huni is applied on the body as a natural scrub, rejuvenating dry and dull skin, followed by a seaweed clay mask on the body to detox and tighten your skin for a youthful glow. Organic Virgin Coconut oil is then dripped on the body with medium pressure broad, relaxing strokes for a soothing massage.

A Sun Rescue tropical seaweed sheet mask is then applied to clean dampened face for deep hydration, while coconut milk is massaged into the scalp and hair.

Aloe Vera & Cucumber Body Rub (60 minutes) \$145

This rub is enriched with aloe vera and cucumber extracts to leave your skin feeling soft and smooth.

Coffee Scrub (30 minutes) \$110

This scrub will work to gently exfoliate, soften, smooth, and stimulate your skin.

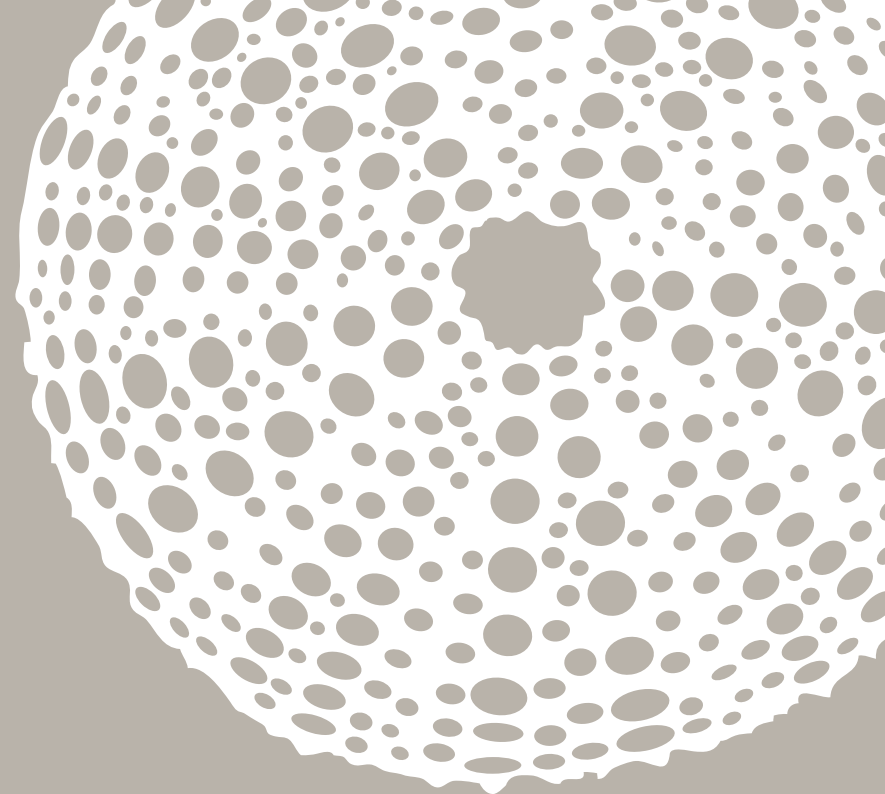
Salt Scrub (30 minutes) \$110

Our salt scrub will restore and tone the skin.

Sundari Walnut Scrub and Massage (90 minutes) \$180

This treatment is the perfect combination of relaxing and reinvigorating. A Walnut and Gotu Kola scrub is massaged on the skin, eliminating dead skin cells, refining skin texture, and invigorating the entire body by activating micro-circulation. This is followed by a soothing and gentle massage.

All prices are in US Dollars and Inclusive of Service Charge and 16% TGST



RITUALS

Full Moon Ritual (90 minutes per couple)

\$375

Enjoy our signature scrub and massage while basking in moonlight.
Available only on three nights a month, depending on moon phase.

Galaxy Ritual (60 minutes per couple)

\$285

When both the night sky and ocean shimmers, the spa deck transforms into a romantic sublime serenity. Our exclusive open-air night ritual includes Cowrie Shell Boli Massage using Organic Virgin Coconut oil for a warm and relaxing massage.

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Regenerating Back Massage (30 or 60 minutes)

\$75 / \$110

This treatment combines deep muscular techniques and Thai stretching; light movements that provide relief of pressure on joints. It targets the back and legs to release tension, leaving you feeling serene. It is an ideal treatment for those seeking invigoration or those suffering from persistent back pain

Deep Tissue Massage (30 or 60 minutes)

\$150 / \$195

Deep Tissue Massage is a massage technique that's mainly used to treat musculoskeletal issues, such as strains and sports injuries. It involves applying sustained pressure using slow, deep strokes to target the inner layers of your muscles & connective tissues. This helps to break up scar tissue that forms following an injury & reduce tension in muscle & tissue. It may also promote faster healing by increasing blood flow & reducing inflammation.

Monoï de Tahiti Massage (60 minutes)

\$130 / \$185

Lemongrass Monoï Oil, prepared in Polynesian style is a treatment specialised to revive you after strenuous long day. The oil applied in strokes, tones and hydrates dry patchy skin. With smoothing sensation, this is a great anti-inflammatory oil that helps to relax your mind & body, and heal sun exposed skin.

Monoï de Tahiti Head Massage (30 minutes)

\$75

Lemongrass Monoï Oil massaged into your skin in circular motion for deep hydration, minimise hair loss and scalp irritation. This relaxing massage with firm pressure is applied to ease tension and to promote wellbeing for your mind.

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Couple's Massage (60 minutes per couple)

A traditional Balinese massage for two. This massage releases tension with a combination of palm strokes, skin rolling, knuckling and thumb pressure to stimulate the lymphatic system and boost circulation.

\$285

Foot Reflexology & Leg Massage (45 minutes)

Reflexology techniques use pressure applied to the feet, helping to increase circulation and promote specific bodily and muscular functions.

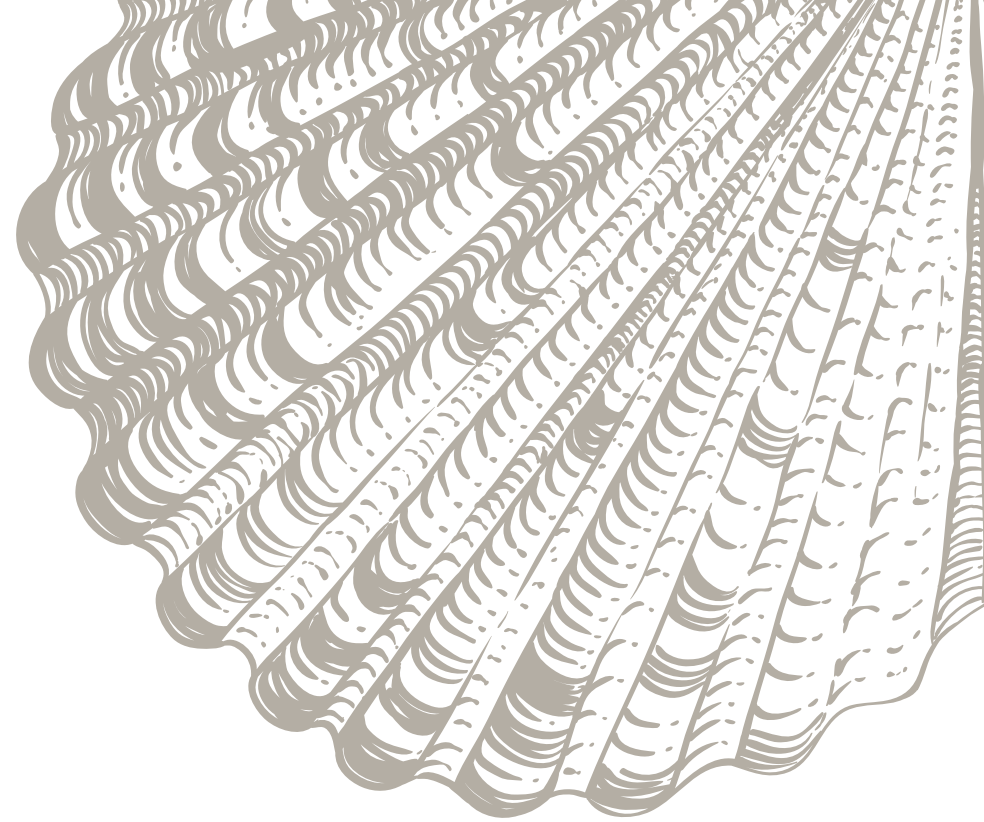
\$90

Head Massage (45 minutes)

Oil is massaged gently on to the head, shoulders, and neck for the ultimate relaxing treatment.

\$95

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WELLNESS

Sunrise or Sunset Yoga (45 minutes)

Join us for a relaxing and revitalizing yoga session with our yoga Master. Unwind with some simple stretches and breathing exercises as you take in the natural beauty of the island.

\$75

Private yoga sessions can be arranged for \$110. Please contact the spa reception for further information

Mindfulness Meditation (45 minutes)

Reduce stress, boost the immune system and improve overall state of mind with this deeply relaxing experience, combining breathing techniques with the practice of keeping one's mind in the present.

\$75

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your intimate escape